


Lent Challenge

Lent is often about giving something up, but it can also be a time to take up something new too. Why not this lent, try spending some time with God as a family. There are a range of activities you could try as a family.

 <p>Act out a Bible story</p>	 <p>Jump in muddy puddles and thank God for rain</p>	 <p>Bake a cake or some biscuits</p>
 <p>Have a special family meal together</p>	 <p>Use playdoh to make your favourite thing and say thank you to God</p>	 <p>Dance along to some worship music</p>
 <p>Lay down and listen to some worship music</p>	<p>Thank God for who looks after you</p>	 <p>Watch a video about the Easter story</p>
 <p>Create a den and listen to a Bible story</p>	<p>Look for some flowers and thank God for his creation</p>	<p>Use puppets to retell a Bible story</p>
<p>Make some handprints or footprints</p> 	 <p>Use duplo to build something, thank God for your home</p>	<p>Thank God for your toys as you play with them</p> 
<p>Give someone you love a hug</p>	<p>Use your toys to retell a story</p>	<p>Look at some family photos and thank God for your family</p>
 <p>Have a praise party using some kids music</p>	 <p>Look in a mirror - what is special about you? Thank God for making you</p>	<p>Thank God for the food you have</p> 